



## BREAKFAST

- FRUIT BOWL 225 *v, pb, gf*
- POTATO POHA, sev, chili 275 *v, pb*
- MUESLI, pear & apple 300 *v, pb*
- MASALA UTTAPAM, coconut chutney, sambhar 300 *v, pb, gf*
- FOREST BOWL, avocado, banana, spinach, pineapple 350 *v, pb*
- GINGER SCRAMBLED TOFU, seedy toast 350 *v, pb*
- RICOTTA PANCAKES, blueberry compote 395
- AVOCADO TOAST, sourdough, cilantro, chili 495 *v, pb*

## EGGS

- EGGS AKURI, buttered pav 250
- MASALA OMELETTE, chili, toast 275
- EGG WHITE OMELETTE, herbs 325
- GREEN BOWL, poached eggs, wild rice 450
- EGGS FLORENTINE 350 / BENEDICT 450 / ROYALE 550
- FULL ENGLISH BREAKFAST 550

## SIDES

- TOMATO 100 *v, gf, pb* | MUSHROOM 100 *v, gf, pb* | BAKED BEANS 100 *v, gf, pb* | SPINACH 150 *v, gf, pb*
- SAMBHAR & CHUTNEY *v, gf, pb* 150 | CHICKEN SAUSAGE 225 *gf* | BACON *gf* 250 | AVOCADO 250 *v, gf, pb* | EGGS ANY STYLE 250 *keto*
- PORK SAUSAGE *gf* 300 | SMOKED SALMON *gf* 300

## BAKERY & BREADS

- TOAST sourdough / granary / rye 100 *v, pb* | CROISSANT 150
- PAIN AU CHOCOLAT 175 | DOSA 225 *v, gf, pb* | MUFFIN 250

## COLD PRESS BLENDS

*all at 230*

### GREEN

green apple, cucumber, celery

### RED

beetroot, pomegranate, red apple, ginger

### YELLOW

pineapple, orange, sweetcorn, turmeric

## SMOOTHIES

*all at 230*

### COFFEE & BANANA

espresso, banana, cocoa nibs,  
almond milk, dates

### APPLE & OATS

green apple, banana, almond  
milk, oats, chia, cinnamon

## COFFEE

*House espresso blend from Blue Tokai*

Espresso / Macchiato / Cortado / Americano / Latte  
Cappuccino / Matcha Latte / Iced Americano / Iced Latte /  
Turmeric Latte /

Hot Chocolate / Mocha / Iced Chocolate / Iced Mocha

*all at 160*

## COLD BREW COFFEE

*all at 200*

Sleepy Owl Cold Brew – Classic or Sweet 200ml

Blue Tokai – Bold or Light 200ml

## TEA

*From Tea Culture of the World - Loose leaf all at 160*

English Breakfast / Earl Grey / Assam / Darjeeling First Flush

Green / Jasmine / Moroccan Mint / Rooibos

Chamomile / Fresh Mint

## INDIAN TEA

*Cutting Masala Chai 75*

*All our coffees are served double shot as standard. Please ask for single shot if preferred. Decaf espresso is available. Our alt-milks are almond and soya.*

*Please let us know if you have any allergies or dietary requirements. Our dishes are made here and may contain trace ingredients. (v) – vegetarian (eggless) (pb) – plant based (gf) – gluten free. There is a discretionary 7.5% service charge added to your bill. All the above prices are exclusive of tax.*

